

# BAILEY MIDDLE SCHOOL

## 2016-2017 COORDINATED SCHOOL HEALTH REPORT

Principal: John Rocha

Physical education teacher: Miguel Avila

CSH team member: Jennifer Dawson

### Results

and physical education (TEC §46 (C) 39.0545).

CSH Implementation Summary	Score/Rating
Total achieved (of 18) required	18
Total achieved (of 60) supplemental	34
Total (of 6) Healthy Fitness Zones areas with "increased" status school year	0
2016-2017 CSH Rating	Recognized

Source. 2015 AISD CSH Program Report

The rating scale<sup>2</sup> was based on identified activities that support coordinated school health efforts. There were 18 required and 60 supplemental opportunities for campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Bailey Middle School achieved 18 required and 34 supplemental items during the 2016–2017 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students' overall physical fitness.

AISD campuses are encouraged to use their results to set goals for their Campus

## Coordinated School Health Implementation Inventory

	Bailey Response	% Yes All Middle Schools
<b>Implementation of PE</b>		
* PE teacher(s) planned and implemented physical education weekly that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* All PE teachers followed the PE curriculum and assessments.	Yes	100%
* All 8th graders have completed a PE or PE substitution.	Yes	100%
The PE teacher(s) followed the PE Appropriate Practices.	Yes	100%
The PE teacher(s) maintained the PE inventory and materials.	Yes	100%
The PE teacher(s) used instructional technology (i.e. projector, other) in a lesson at least once per week.	Yes	95%
At the beginning of each PE course, parents were notified by email of the PE curriculum, information, and requirements for class.	Yes	100%
Other (please specify):	No	63%
<b>CSH Planning</b>		
*The principal established a CSH team.	Yes	100%
The CSH team included at least one administrator.	Yes	100%
The CSH team included teacher representatives from each grade.	No	63%
The CSH team included at least two students.	No	74%
The CSH team included the cafeteria manager.	No	84%
Campus leadership purchased CSH equipment and/or provided physical activity programs or opportunities (i.e. advisory, and/or lunchtime athletics).	Yes	89%
The campus leadership established a Student Wellness Team.	Yes	89%
Other (please specify):	No	53%
How many times did the CSH team meet this year?	4 or more times	

CSH Implementation	Bailey Response	% Yes All Middle Schools
* Campus students and staff participated in the Department's district-wide activity for CSH Kick-Off Week in September.	Yes	89%
* Campus staff implemented Board-adopted CSH CATCH,	Yes	100%
* Campus staff used the CATCH Code of Conduct (throughout the school year.	Yes	95%
* Students were taught the Sexuality and Responsibility during science class (unless the parents		

	Bailey Response	% Yes All Middle Schools
<b>Brain Breaks</b>		
The CSH chair provided staff training on how Brain Breaks and locate Brain Break resources.	Yes.	89%
The classroom teachers provided opportunities for students to lead brain activities during class time.	No	89%
At least one Campus Improvement Plan goal this year was related to student brain breaks.	No	74%
Other (please specify):	No	53%
Approximately what percentage of classroom teachers use brain breaks at least once each day?	50% or more	(See Figure 3)

Source. 2016-2017 Coordinated School Health data collection.

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 3

At the majority of middle schools, 50% or more of the classroom teachers are using brain breaks at least once each day?

Source. 2016-2017 Coordinated School Health data collection. Percentages are rounded to the nearest whole number.

	Bailey Response	% Yes All Middle Schools
<b>Other Physical Activity Opportunities</b>		
Campus staff provided opportunities for students to be active before (schooling club or open gym).	Yes	79%
Campus staff provided opportunities for students to be active after school		

	Bailey Response	% Yes All Middle Schools
<b>Parent and Community Participation</b>		
* Parents were notified that they received their child's Fitnessgram results.	Yes	100%
Campus has a Healthy Lifestyle champion identified position on their PTA.	No	47%
There was at least one parent on the CSH team.		63%
Other (please specify) parents volunteered at CATCH night event.	Yes	63%

Source. 2016-2017 Coordinated School Health data collection.

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

### Fitnessgram Results

CHANGE IN HEALTH FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Fitness Area Tested	Bailey 2016 Final	Bailey 2017 Final	Bailey 2016 to 2017 Change*	2017 All AISD Middle Final Average	Comparison to Bailey 2017 Final to All Middle Final
BMI	68%	65%	Decreased	58%	Greater than