Cinda Christian, Ph.D. Publication 16.34 RB 1.3 July 2017

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Unacceptable for the CSH Program implementation in 2016–2017. Campu will be reflected in the District's strategic scorecard and the House Bill 5 rat i.e., the School District Evaluation of Performance in Community and Stude

Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSHmplementation Summary	Score/Rating
Total achieved (of 19) required	18
Total achieved (of 80) supplemental	40
Total (of 6) Healthy Fitness Zones areas with "increased" status since the prior school year	6
2016-2017 CSH Rating	Unacceptable

Source. 2015 AISD CSH Program Report

The rating scale³ was based on identified activities that support coordinated school health efforts. There were 19 required and 80 supplemental opportunities for campuses to meet or exœed the AISD CSH Programstandards. All campuses submitted enough data to be rated. Baldwin Elementary School achieved 18 required and 40 supplemental items during the 2016–2017 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body compositio n. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students' overall physical fitness.

AISD campuses are encouragedo use their results to set goals for their Campus Improvement Plan.



³ Rating scale: unacceptable – achieved less than the 19 required items; acceptable – achieved all 19 required and 25 or fewer supplemental items; recognized – achieved all 19 required and 26-48 supplemental items; exemplary – achieved all 19 required and 49 or more supplemental items.

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Implementation of PE	Baldwin Response	% Yes at All Elementary Schools
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or		3010013
more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PE lessons were based on district PE curriculum and assessments.	Yes	100%
The PE teacher(s) followed the National PE Appropriate Practices.	Yes	99%
The PE teacher(s) maintained the required PE inventory and materials.	Yes	100%
The PE teacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	93%
Each grading period PE teacher(s) informed parents what units were taught and assessed, including FitnessGram information.	Yes	81%
Other (please specify):	No	54%

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CSH Planning

*The principal established a CSH team.	Yes	100%
The principal identified a CSH chair.	Yes	100%
The CSH team included one teacher representative from each grade level.	No	79%
The CSH team included at least one administrator.	Yes	95%
The CSH team included at least two students.	No	64%
The CSH team included the cafeteria manager.	No	78%
Campus leadership identified funds to purchase and maintain CSH equipment for the classroom teacher to use during WOW time.	Yes	95%
The campus leadership established a Student Wellness Team (SWT).	No	88%
Other (please specify):	No	53%
How many times did the CSH team meet this year?	2 times	(See Figure 1)

* All items with an asterisk were required by the AISD Departornehtysical Education and Health to be implemented at exposes

Figure 1

The majority of Elementary Coordinated School Health teamsometre timeshis year



Source. 2016-2017 Elementary Coordinated School Healtheddaitance/III percentages are rounded to the nearest whole number

CSH Implementation	Baldwin Response	% Yes at All Elementary Schools
* Campus students and staff participated in the Health and PE Department's district-wide activity for CSH Kick-Off Week in September.	Yes	98%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information each 9-weeks.	No	94%
* Campus staff implemented the CATCH Coordination Kit themes each 9-weeks.	Yes	93%
Campus students and staff participated in Tobacco Awareness Week in the month of November.	Yes	96%
Campus students and staff participated in Healthy Heart Week in the month of February.	Yes	99%
Campus students and staff participated in School Breakfast Week in the month of March.	No	86%
Campus staff hosted at least one CATCH/Family Fun Fitness Night.	Yes	99%
The CSH Chair provided training for all classroom teachers regarding of this year's CSH initiatives for the campus.	No	86%
Other (please specify):	No	54%

Health Lessons

* All of the specified Sexuality and Responsibility lessons

Nutrition

Baldwin

Response

% Yes at All

Other Physical Activity Opportunities	Baldwin Response	% Yes at All Elementary Schools
The campus provided before-school physical activity opportunities (i.e. running club, open gym, or Go	No	
Noodle).		59%
The campus provided after-school physical activity opportunities (i.e. running club or open gym).	No	91%
The campus participated in the AISD 5th Grade Volleyball Playday.	No	52%
The campus participated in the AAPER Cross Country Run.	No	32%
Other (please specify):	No	62%
School Health Environment		
Campus staff posted nutrition information in the school hallways, cafeteria, and classrooms throughout the school year.	Yes	99%
Campus staff posted physical activity information in the school hallways and classrooms throughout the school year.	Yes	96%
Campus staff sent nutrition and physical activity information to parents.	No	89%
Staff posted nutrition and physical activity information on the campus website.	No	63%
Other (please specify):	No	52%
Parent and Community Participation		
* Parents were notified that they could request their child's Fitnessgram results.	Yes	98%
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA.	No	64%
There was at least one parent on the CSH team.	Yes	74%
Other (please specify):	No	46%
Approximately how many parents participated in the CATCH/Family Fun Night at your campus?	15%	(See Figure 3v2l9 Tc00313

Spring 2017 Coordinated School Health Program Report

Figure 4

The majority of students across AISD elementary **schoop** leted at least one marathon, and 19% of elementary schools reported that 6-100% of their students mpleted the equivalent of 4 marathons.

Source. 2016-2017 Elementary Coordinated School Health diates cellegercentages are rounded to the nearest whole number

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CHANGE INEALTHMITNES SONE (HFZ) FROM PRIOR TOURRENTEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEG

Fitness Area Tested	Baldwin 2016 Final	Baldwin 2017 Final	Baldwin2016 to 2017 Change*	2017 All Elementary Final Average	Comparison of Baldwin 2017 Final to All Elementary Final
BMI	72%	74%	Increased	57%	Greater than
Aerobic Capacity	68%	88%	Increased	71%	Greater than
Curl-Ups	77%	92%	Increased	75%	Greater than
Push-Ups	40%	76%	Increased	67%	Greater than
Sit and Reach	52%	83%	Increased	69%	Greater than
Trunk Lift	74%	85%	Increased	78%	Greater than