

BARTON HILLS ELEMENTARY SCHOOL

2016-2017 COORDINATED SCHOOL HEALTH REPORT

Principal: Kati Achtermann

Physical education teacher: Courtney Perry

CSH team member: Jennifer Pollard

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The



Coordinated School Health Implementation Inventory †

Implementation of PE

100%

100%

100%

100%

100%

CSH Implementation	P	S	S	S
P	P	S	S	S
S			S	S
P	S		S	S

	2016-17	2017-18
Nutrition		
* Offered a variety of healthy snacks	E	E
* Offered a variety of healthy beverages	E	E
* Offered a variety of fruits	E	E
* Offered a variety of vegetables	E	E
* Offered a variety of whole grains	E	E
* Offered a variety of low-fat dairy products	E	E
* Offered a variety of lean meats	E	E
* Offered a variety of nuts and seeds	E	E
* Offered a variety of legumes	E	E
* Offered a variety of healthy fats	E	E
* Offered a variety of healthy oils	E	E
* Offered a variety of healthy proteins	E	E
* Offered a variety of healthy carbohydrates	E	E
* Offered a variety of healthy fats and oils	E	E
* Offered a variety of healthy proteins and carbohydrates	E	E
* Offered a variety of healthy fats, oils, and carbohydrates	E	E
* Offered a variety of healthy proteins, fats, and carbohydrates	E	E
* Offered a variety of healthy fats, oils, and carbohydrates	E	E
* Offered a variety of healthy proteins, fats, and carbohydrates	E	E
Year-long salad bar on cafe line; Healthy Snacks offered on Track & Field Day and Walk/Bike to School celebrations; Healthy alternatives offered at school-wide events, such as Carnival; Fresh Friday; Health and Wellness Fair included a focus on 5 Vegetables and Fruits/day, as well as a focus on eating a healthy Breakfast each day	E	E
Brain Breaks		
* Offered a variety of brain breaks	E	E
* Offered a variety of brain breaks	E	E
* Offered a variety of brain breaks	E	E
* Offered a variety of brain breaks	E	E
* Offered a variety of brain breaks	E	E
* Offered a variety of brain breaks	E	E
* Offered a variety of brain breaks	E	E
* Offered a variety of brain breaks	E	E
* Offered a variety of brain breaks	E	E
* Offered a variety of brain breaks	E	E
* Offered a variety of brain breaks	E	E
* Offered a variety of brain breaks	E	E
* Offered a variety of brain breaks	E	E
* Offered a variety of brain breaks	E	E

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 2
 At 93% of elementary campuses, 53% or more of the classroom teachers are registered and using Go Noodle activities at

	2016	2017
Other Physical Activity Opportunities		
<ul style="list-style-type: none"> Encouraged school community participation in various family fitness events, such as Daisy 5K and Trail of Lights Run 	0	0
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School Health Environment

0

