

Principal: Valerie Borchers

Physical education teacher: Lee Zambito

CSH team member: Arantza Garcia



Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The results indicated that Becker Elementary School received a rating of Unacceptable for the CSH Program implementation in 2016–2017. Campus results will be reflected in the District’s strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

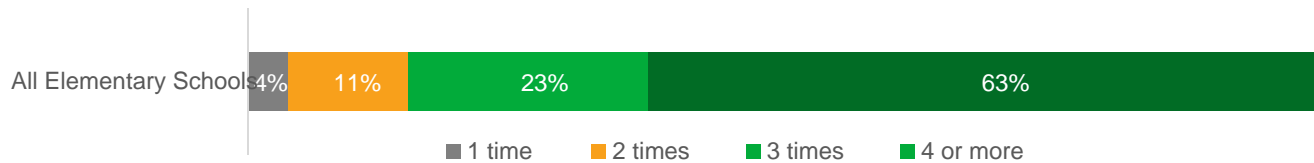
CSH Implementation Summary	Score/Rating
Total achieved (of 19) required	17
Total achieved (of 80) supplemental	



	Becker Response	% Yes at All Elementary Schools
<b>Implementation of PE</b>		
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PE lessons were based on district PE curriculum and assessments.	Yes	100%
The PE teacher(s) followed the National PE Appropriate Practices.	Yes	99%
The PE teacher(s) maintained the required PE inventory and materials.	Yes	100%
The PE teacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	93%
Each grading period PE teacher(s) informed parents what units were taught and assessed, including FitnessGram information.	Yes	81%
Other (please specify):	No	54%
<b>CSH Planning</b>		
*The principal established a CSH team.	Yes	100%
The principal identified a CSH chair.	Yes	100%
The CSH team included one teacher representative from each grade level.	No	79%
The CSH team included at least one administrator.	Yes	95%
The CSH team included at least two students.	Yes	64%
The CSH team included the cafeteria manager.	Yes	78%
Campus leadership identified funds to purchase and maintain CSH equipment for the classroom teacher to use during WOW time.	Yes	95%
The campus leadership established a Student Wellness Team (SWT).	Yes	88%
Other (please specify):	No	53%
How many times did the CSH team meet this year?	4 or more	(See Figure 1)

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 1  
The majority of Elementary Coordinated School Health teams met 4 or more times this year



Source. 2016-2017 Elementary Coordinated School Health data. All percentages are rounded to the nearest whole number

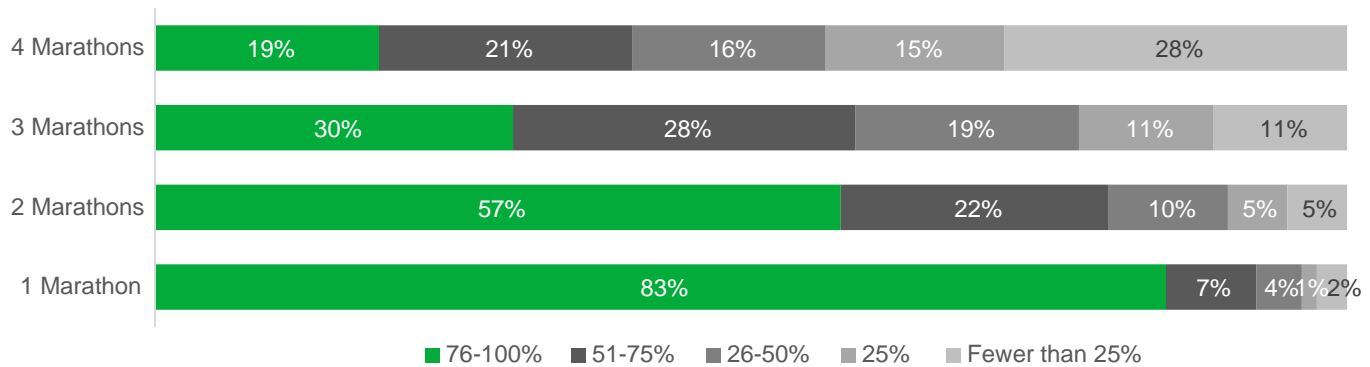


Nutrition	Becker Response	% Yes at All Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	98%
* The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff did not provide students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	98%
* The campus did not sell food or beverages for any fund-raising activity during the school day.		



Figure 4

The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.



Source. 2016-2017 Elementary Coordinated School Health data collection. Percentages are rounded to the nearest whole number



CHANGE IN HEALTH FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Fitness Area Tested	Becker 2016 Final	Becker 2017 Final	Becker 2016 to 2017 Change*	2017 All Elementary Final Average	Comparison of Becker 2017 Final to All Elementary Final
BMI	62%	73%	Increased	57%	Greater than
Aerobic Capacity	82%	87%	Increased	71%	Greater than
Curl-Ups	92%	89%	Decreased	75%	Greater than
Push-Ups	78%	69%	Decreased	67%	Greater than
Sit and Reach	75%	81%	Increased	69%	Greater than
Trunk Lift	68%	50%	Decreased	78%	Less than

Source. 2016-2017 Elementary Coordinated School Health data collection.

\* Campuses provided change information was not calculated from the scores.

AUSTIN INDEPENDENT SCHOOLS DISTRICT

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