

BEDICHEK MIDDLE SCHOOL

2016-2017 COORDINATED SCHOOL HEALTH REPORT

Principal: Michael Herbin

Physical education teacher: Petra Rios

CSH team member: Petra Rios

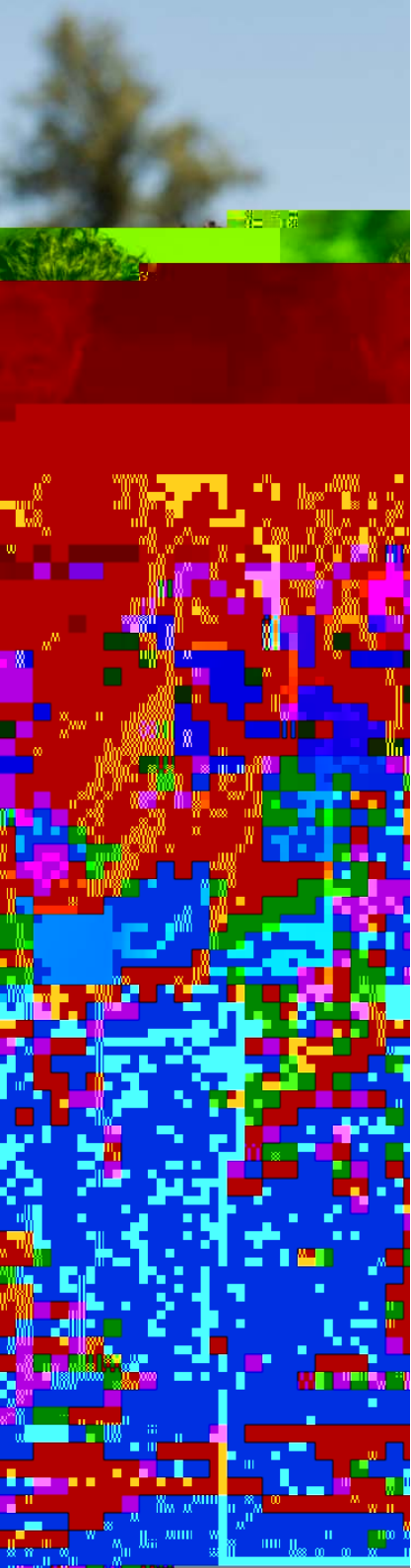
Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The results indicated that Bedichek Middle School received a rating of Exemplary for the CSH Program implementation in 2016–2017. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH Implementation Summary	Score/Rating
Total achieved (of 18) required	18
Total achieved (of 60) supplemental	50
Total (of 6) Healthy Fitness Zones areas with "increased" status school year	3
2016-2017 CSH Rating	Exemplary

Source. 2015 AISD CSH Program Report

The rating scale³ was based on identified activities that support coordinated school health efforts. There were 18 required and 60 supplemental opportunities for campuses to meet or exc(317 TD2uportuni8oS2uportuaas -5n8pu) r.2(s.a- 274o3)17nJ 16



Coordinated School Health Implementation Inventory

**Bedichek
Response** **% Yes
All Middle
Schools**

Implementation of PE

* PE teacher(s) planned and implemented physical education weekly based on

CSH Implementation	Bedichek Response	% Yes All Middle Schools
* Campus students and staff participated in the PE Department's district-wide activity for CSH Kick-Off Week in September.	Yes	89%
* Campus staff implemented Board-adopted CSH (CATCH, CATCH Code of Conduct, and CATCH Information Kit) throughout the school year.	Yes	100%
* Campus staff used the CATCH Code of Conduct (CATCH Information Kit) throughout the school year.	Yes	95%
* Students were taught the Sexuality and Responsibility during science class (unless the parents signed an opt-out form).	Yes	100%
* CATCH lessons were taught during other identified area.	Yes	100%
Campus students and staff participated in Anti-Feeling Week in the month of November.	Yes	100%

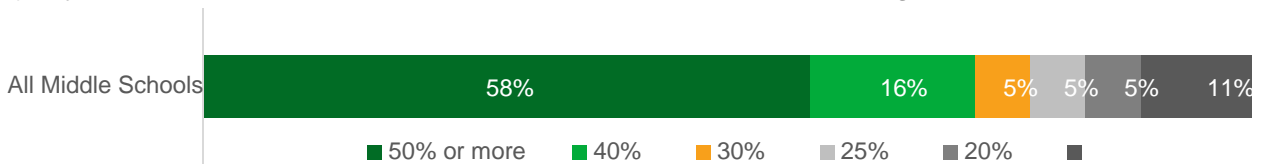
	Bedichek Response	% Yes All Middle Schools
Brain Breaks		
The CSH chair provided staff training on how Brain Breaks and locate Brain Break resources.	Yes	89%
The classroom teachers provided opportunities for students to lead brain activities during class time.	Yes	89%
At least one Campus Improvement Plan goal this year was related to student brain breaks.	No	74%
Other (please specify): teachers often ask to borrow equipment for brain breaks.	Yes	53%
Approximately what percentage of classroom teachers use brain breaks at least once each day?	58%	(See Figure 3)

Source. 2016-2017 Coordinated School Health data collection.

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at campus

Figure 3

At the majority of middle schools, 50% or more of the classroom teachers are using brain breaks at least once each day?



Source. 2016-2017 Coordinated School Health data collection. Percentages are rounded to the nearest whole number.

	Bedichek Response	% Yes All Middle Schools
Other Physical Activity Opportunities		
Campus staff provided opportunities for students to be active before (schooling club or open gym).	Yes	79%
Campus staff provided opportunities for students to be active after (schooling club or open gym).	Yes	95%
The campus provided intramural or other physical activities during Advisory.	Yes	95%
The campus provided intramural or other physical opportunities during lunch.	Yes	79%
Other (please specify): School Centers for Education (ACE) provides other opportunities for students to be physically active.	Yes	68%

School Health Environment		
Campus staff posted nutrition information in school hallways/canteen throughout the school year.	Yes	100%
Campus staff posted physical activity information in school hallways throughout the school year.	Yes	79%
Campus staff sent parents nutrition and physical activity information.	Yes	74%
Campus staff posted nutrition and physical activity information on the campus website.	Yes	58%
Other (please specify): We sent out notifications through Remind app about nutrition.	Yes	53%

Source. 2016-2017 Coordinated School Health data collection.

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at campus

**Bedichek
Response** **% Yes**

Parent and Community Participation