

Coordinated School Health Item Implementation Inventory

	Bryker	%YesatAl
Implementation of PE	Woods	Elementary Schools
	Response	31005
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MNPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* FEteacher(s) are certified in CFR First Aid and AED.	Yes	99%
* Campusstaff followed the AISD Special Area Standards of Service.	Yes	100%
* All PEteechersfollowed the district PEcurriculum and assessments.	Yes	100%
Feteacher(s) followed the National FEAppropriate Practices	Yes	100%
The FEteacher(s) maintained the required FEinventory and materials	Yes	100%
The FEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, induding Fitness Graminformation.	Yés	83%
Other (please specify): UT Students observed and assisted with PE classes	Yes	47%
CSH Planning		
*The principal established a CSH team.	Yes	99%
The principal identified a CSH chair.	Yes	99%
The CSH team included teacher representatives from each grade level.	Yes	73%
The CSH team included at least one administrator.	Yes	93%
The CSH team included at least two students.	Yes	67%
The CS-Iteaminduded the cafeteria manager.	Yes	75%
Campus leadership identified funds to purchase and maintain C3Hequipment for the dassroom teachers to use during WOW time.	Yés	93%
The campus leadership established a Sudent Wellness Team (SVII).	Yes	90%
Other (please specify): PTA funded recess/WOW equipment	Yes	38%
How many times did the CSH team meet this year?	4 or more times	s (SæFigure 1)

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 1

The majority of Bementary Coordinated School Health teams met 4 or more times this year.

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Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Bryker Woods	%YesatAll Elementary
CSHImplementation	Response	Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKdk-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Rbbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%

	Bryker Woods	%YesatAll Elementary
Nutrition	Response	Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The carry is staff refrained from providing students arress to Foods of Minimal N triticoral Value (FMN)		

The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FIVIN)

	Bryker	%YesatAll
	Woods	Elementary
Brain Breaks	Response	Schools
The C3H chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and CoNcode resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	

	Bryker Woods	%Yesat Al
Parent and Community Participation	Response	EementaryShools
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%
There was at least one parent on the CSH team	Yes	77%
Other (please specify): Parents volunteered with PE events and in classes	Yes	35%
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	50%or more of parents	(SæFigure4)

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 4

At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Bryker Woods	%Yesat Al
Marathon Participation	Response	EementaryShools
What percentage of K5 students completed the equivalent of one marathon?	76-100%	(SæFigure 5)of one mehon?

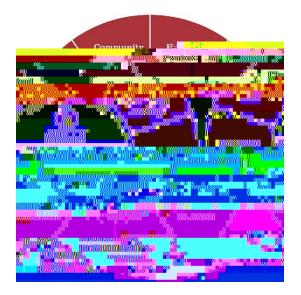
FITNESSGRAM RESULTS

Bryker Woods Bementary			Average		
Fitness Area – Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	75%	73%	74%	Decreased	57%
Aerobic Capacity	89%	82%	82%	Decreased	71%
Curl-Ups	86%	67%	83%	Decreased	75%
Push-Ups	78%	45%	76%	Decreased	66%
St and Reach	86%	72%	88%	Increased	69%
Trunk Lift	97%	97%	97%	Stayed the same	78%

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Source. 2017-2018 Coordinated School Health data collection.

* Campuses provided change information - it was not calculated from the scores.



PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

Second Grade hosted a "Health Fair" and invited community members to show children their health field. For example, there were doctors of medicine,Orange Theory Fitness representative, yoga instructor. Family tech night with community guest speaker on how parents can keep their children safe on their devices.

