

Principal: Lina Villarreal  
 Physical education teacher: Conor Edmondson  
 CSH team member: Melanie Flores



Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The results indicated that Casey Elementary School received a rating of Exemplary for the CSH Program implementation in 2016–2017. Campus results will be reflected in the District’s strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH Implementation Summary	Score/Rating
Total achieved (of 19) required	19
Total achieved (of 80) supplemental	57
Total (of 6) Healthy Fitness Zones areas with “increased” status since the prior school year	5
2016-2017 CSH Rating	Exemplary

Source. 2015 AISD CSH Program Report

The rating scale<sup>17</sup> was based on identified activities that support coordinated school health efforts. There were 19 required

ment. The Fitnessgram measurement includes a variety of health-related fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared to the Healthy Fitness Zone (HFZ) standards to determine students’ overall physical

campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

<sup>17</sup> Rating scale: unacceptable – achieved less than the 19 required items; acceptable – achieved all 19 required and 25 or fewer supplemental items; recognized – achieved all 19 required and 26-48 supplemental items; exemplary – achieved all 19 required and 49 or more supplemental items.



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Implementation of PE	Casey Response	% Yes at All Elementary Schools
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PE lessons were based on district PE curriculum and assessments.	Yes	100%

CSH Implementation	Casey Response	% Yes at All Elementary Schools
* Campus students and staff participated in the Health and PE Department's district-wide activity for CSH Kick-Off Week in September.	Yes	98%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information each 9-weeks.	Yes	94%
* Campus staff implemented the CATCH Coordination Kit themes each 9-weeks.	Yes	93%
Campus students and staff participated in Tobacco Awareness Week in the month of November.	No	96%
Campus students and staff participated in Healthy Heart Week in the month of February.	Yes	99%
Campus students and staff participated in School Breakfast Week in the month of March.	No	86%
Campus staff hosted at least one CATCH/Family Fun Fitness Night.	Yes	99%
The CSH Chair provided training for all classroom teachers regarding of this year's CSH initiatives for the campus.	Yes	86%
Other (please specify):	Yes	54%

Health Lessons	Casey Response	% Yes at All Elementary Schools
* All of the specified Sexuality and Responsibility lessons were taught during science class by classroom teachers, unless parents signed an opt-out form.	Yes	95%
* All classroom teachers followed the district's Health curriculum.	Yes	99%
Other (please specify):	Yes	46%

**Working Out for Wellness (WOW)**

\* All classroom teachers followed the campus WOW schedule (20 minutes) to meet the 135 minutes of structure campus WOW time.

Casey Response	% Yes at All Elementary Schools
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Nutrition

	Casey Response	% Yes at All Elementary Schools
<b>Other Physical Activity Opportunities</b>		
The campus provided before-school physical activity opportunities (i.e. running club, open gym, or Go Noodle).	Yes	59%
The campus provided after-school physical activity opportunities (i.e. running club or open gym).	Yes	91%
The campus participated in the AISD 5th Grade Volleyball Playday.	No	52%
The campus participated in the AAPER Cross Country Run.	No	32%
Other (please specify):	Yes	62%

<b>School Health Environment</b>		
Campus staff posted nutrition information in the school hallways, cafeteria, and classrooms throughout the school year.	No	99%
Campus staff provided information to parents/guardians regarding school health programs and activities.		

Figure 4