Cinda Christian, Ph.D.

CLAYTON ELEMENTARY SCHOOL
2016-2017 COORDINATED SCHOOL HEALTH REPORT

Principal: Amy Gonzales
Physical education teacher: Shay Diez
CSH team member: Marybeth Gordon

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The results indicated that Clayton Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2016 2017. Campus results will be reflected in the District s strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH Implementation Summary	Score/Rating
Total	9
Item	5
Quality	2
Rating	5

Source. 2015 AISD CSH Program Report

The rating scale[19] was based on identified activities that support coordinated school health efforts. There were 19 required and 80 supplemental opportunities for campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Clayton Elementary School achieved 19 required and 57 supplemental items during the 2016 2017 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students overall physical fitness.

AISD campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

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[19] Rating scale: unacceptable achieved less than the 19 required items; acceptable achieved all 19 required and 25 or fewer supplemental items; recognized achieved all 19 required and 26-48 supplemental items; exemplary achieved all 19 required and 49 or more supplemental items.

Coordinated School Health Item Implementation Inventory †

Implementation of PE

CSH Implementation

Nutrition

Other Physical Activity Opportunities

Staff Volleyball after school

School Health Environment

Salad Bar

Parent and Community Participation

Figure 4

The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.
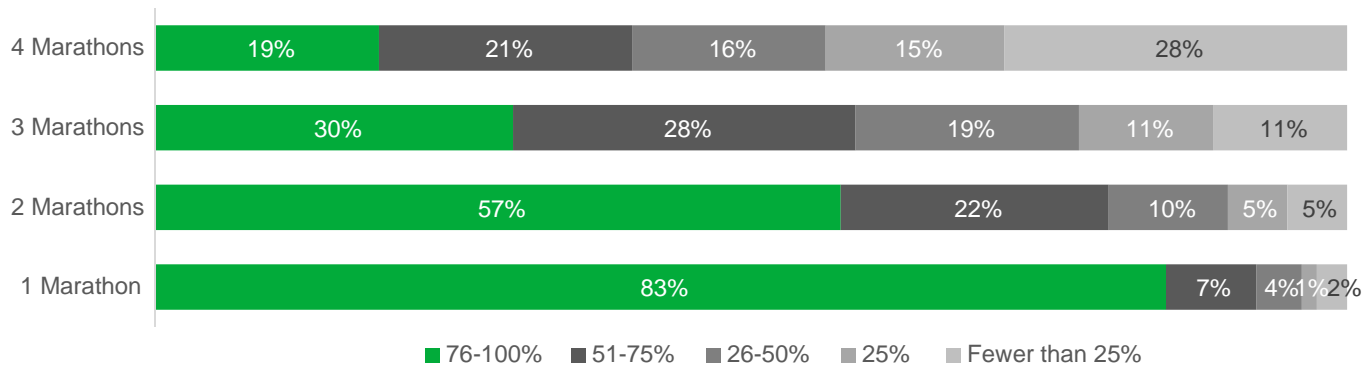
	76-100%	51-75%	26-50%	25%	Fewer than 25%
4 Marathons	19%	21%	16%	15%	28%
3 Marathons	30%	28%	19%	11%	11%
2 Marathons	57%	22%	10%	5%	5%
1 Marathon	83%	7%	4%	1%	2%

■ 76-100% ■ 51-75% ■ 26-50% ■ 25% ■ Fewer than 25%

Source. 2016-2017 Elementary Coordinated School Health data collection. All percentages are rounded to the nearest whole number

Fitnessgram Results

CHANGE IN HEALTH FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGO

Fitness Area Tested	Clayton 2016 Final	Clayton 2017 Final	Clayton 2016 to 2017 Change*	2017 All Elementary Final Average	Comparison of Clayton 2017 Final to All Elementary Final
BMI	%	%	0	%	0
Aerobic Capacity	%	%	0	%	0
Curl-Ups	%	%	en	%	0
Push-Ups	%	%	0	%	0
Sit and Reach	%	%	0	%	0
Trunk Lift	%	%	0	%	0

Source. 2016-2017 Elementary Coordinated School Health data collection.

* Campuses provided change information, it was not calculated from the scores.