

Principal: Debbie Warnken

Physical education teacher: Tracy Lord, Candace Cotten

CSH team member: Tracy Lord, Candace Cotten

## Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Cowan Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physic

Spring 2018 Coordinated School Health Program Report

Coordinated School Health Item Implementation

Cowan

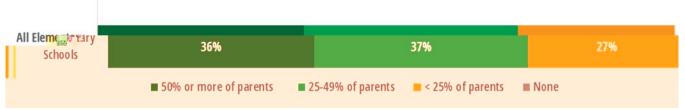
CSH Implementation

Nutrition	Cowen Response	%Yesat All Elementary Sthools
* Healthy aptions were available when food/ beverages were provided to teachers/ staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%

	Cowen	%Yesat All
Parent and Community Participation	Response	<b>Elementary Schools</b>
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	No	65%
There was at least one parent on the CSH team.	Yes	77%
Other (please specify):	No	35%
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	15% of parents	(Sæ Figure 4)

<sup>\*</sup> All items with an asterisk were required by the ALSD Department of Physical Education and Health to be implemented at each campus

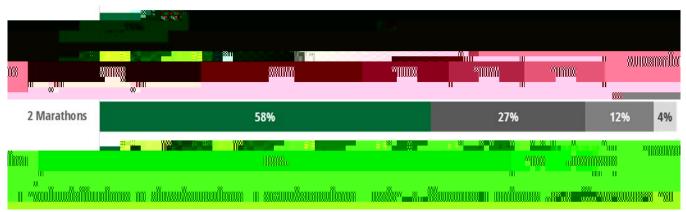
Figure 4
At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Cowen	%YesatAll
Marathon Participation	Response	<b>Elementary Schools</b>
What percentage of K5 students completed the equivalent of one marathon?	76-100%	(See Figure 5)
What percentage of K5 students completed the equivalent of two marathons?	76-100%	(See Figure 5)
What percentage of K5 students completed the equivalent of three marathons?	26-50%	(See Figure 5)
NAN at an expectation of 1/5 at advisto expect at public a constraint of facts and expectation of	Fewer than	(Coo Figure 5)
What percentage of K5 students completed the equivalent of four marathons?	25%	(See Figure 5)

Figure 5
The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.



Source, 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Spring 2018 Coordinated School Health Program Report

## FITNESSGRAM RESULTS

OHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (