

# DOBIE MIDDLE SCHOOL

## 2016-2017 COORDINATED SCHOOL HEALTH REPORT

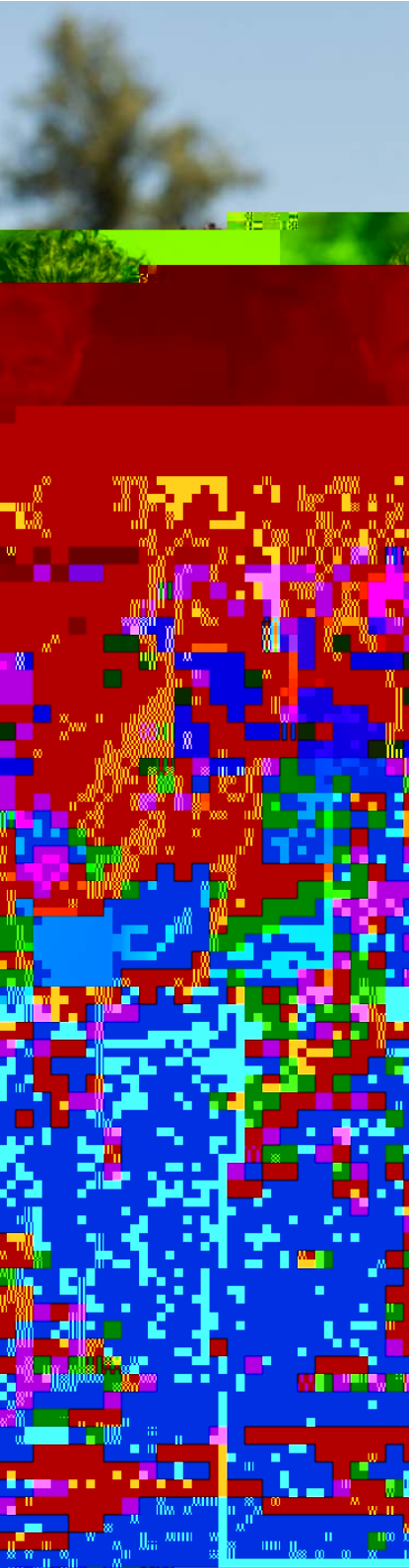
Principal: Jesse De La Huerta

Physical education teacher: Kristin Weber

CSH team member: Jose Carasco

### Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The results indicated that Dobie Middle School received a rating of Exemplary for the



Coordinated School Health Implementation Inventory

CSH Implementation	Dobie Response	% Yes All Middle Schools
* Campus students and staff participated in the PE Department's district-wide activity for CSH Kick-Off Week in September.	Yes	89%
* Campus staff implemented Board-adopted CSH program, CATCH,	Yes	100%
* Campus staff used the CATCH Code of Conduct (CATCH) throughout the school year.	Yes	95%
* Students were taught the Sexuality and Responsibility during science class (unless the parents signed an opt-out form).	Yes	100%
* CATCH lessons were taught in Advisory or other identified area.	Yes	100%
Campus students and staff participated in Anti-Tobacco Week in the month of November.	Yes	100%
Campus students and staff participated in Healthy Heart Week in the month of February.	Yes	95%
Campus students and staff participated in Breakfast Week in the month of March.	Yes	89%
Campus staff hosted at least one CATCH/Family Fun Fitness Night.	Yes	89%

	Dobie Response	% Yes All Middle Schools
<b>Brain Breaks</b>		
The CSH chair provided staff training on how Brain Breaks and locate Brain Break resources.	Yes.	89%
The classroom teachers provide opportunities for students to lead brain activities during class time.	Yes	89%
At least one Campus Improvement Plan goal this year was related to student brain breaks.	Yes	74%
Other (please specify): Middle information given to staff at beginning of year.	Yes	53%
Approximately what percentage of classroom teachers use brain breaks at least once each day?	58% or more	(See Figure 3)

Source. 2016-2017 Coordinated School Health data collection.

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at campus

Figure 3

At the majority of middle schools **58% or more** of the classroom teachers are using brain breaks at least once each day?

Source. 2016-2017 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Dobie Response	% Yes All Middle Schools
<b>Other Physical Activity Opportunities</b>		
Campus staff provided opportunities for students to be ph		

<b>Dobie Response</b>	<b>% Yes All Middle Schools</b>
Yes	

Parent and Community Participation

\* Parents were notified that they could request their child's Fitnessgram results.