





% Yes at All Govalle Elementary Response Implementation of PE Schools * PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or 100% Yes more) Moderate to Vigorous Physical Activity (MVPA). * At least 85% of the students were assessed for Fitnessgram. Yes 100% Yes * PE teacher(s) are certified in CPR/First Aid and AED. 100% * Campus staff followed the AISD Special Area Standards of Service. Yes 100% * All PE lessons were based on district PE curriculum and assessments. Yes 100% The PE teacher(s) followed the National PE Appropriate Practices. Yes 99% Yes The PE teacher(s) maintained the required PE inventory and materials. 100% The PE teacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week. Yes 93% Each grading period PE teacher(s) informed parents what units were taught and assessed, including FitnessGram Yes 81% information.

t

No

54%

CSH Planning

Other (please specify):

No

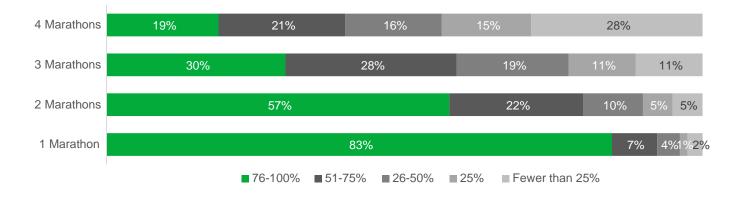
CSH Implementation	Govalle Response	% Yes at All Elementary Schools
* Campus students and staff participated in the Health and PE Department's district-wide activity for CSH Kick-Off Week in September.	Yes	98%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information each 9-weeks.	Yes	94%
* Campus staff implemented the CATCH Coordination Kit themes each 9-weeks.	Yes	93%
Campus students and staff participated in Tobacco Awareness Week in the month of November.	No	96%
Campus students and staff participated in Healthy Heart Week in the month of February.	Yes	99%
Campus students and staff participated in School Breakfast Week in the month of March.	Yes	86%
Campus staff hosted at least one CATCH/Family Fun Fitness Night.	Yes	99%
The CSH Chair provided training for all classroom teachers regarding of this year's CSH initiatives for the campus.	Yes	86%
Other (please specify):	No	54%
unless parents signed an opt-out form. * All classroom teachers followed the district's Health curriculum. Other (please specify):	Yes Yes No	95% 99% 46%
Working Out for Wellness (WOW)		
* All classroom teachers followed the campus WOW schedule (20 minutes) to meet the 135 minutes of structured physical activity per week.	Yes	98%
* All classroom teachers provided 30 minutes of recess daily.	Yes	99%
The CSH Chair provided beginning of year staff training on how to implement WOW and where to find WOW resources.	Yes	95%
The CSH Chair provided information to all staff about how to participate in Marathon Kids.	Yes	99%
The campus used designated PE teacher activities, games, resources in addition to participating in Marathon Kids.	Yes	95%
Campus staff provided WOW activities during inclement weather.	Yes	99%
The PE teacher trained students in 3rd - 5th grade classes to help lead WOW activities.	No	70%
Other (please specify):	No	48%

^{*} All items with an asterisk were required by the AISD Departring hysical Education and Health to be implemented at examplesca

Other Physical Activity Opportunities	Govalle Response	% Yes at All Elementary Schools
The campus provided before-school physical activity opportunities (i.e. running club, open gym, or Go	No	
Noodle).		59%
The campus provided after-school physical activity opportunities (i.e. running club or open gym).	Yes	91%
The campus participated in the AISD 5th Grade Volleyball Playday.	Yes	52%
The campus participated in the AAPER Cross Country Run.	No	32%
Other (please specify):	No	62%
School Health Environment Campus staff posted nutrition information in the school hallways, cafeteria, and classrooms throughout	Yes	99%
the school year. Campus staff posted physical activity information in the school hallways and classrooms throughout the school year.	Yes	96%
Campus staff sent nutrition and physical activity information to parents.	Yes	89%
Staff posted nutrition and physical activity information on the campus website.	No	63%
Other (please specify):	No	52%
Parent and Community Participation		
* Parents were notified that they could request their child's Fitnessgram results.	Yes	98%
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA.	No	64%
There was at least one parent on the CSH team.	Yes	74%
Other (please specify):	No	46%
Approximately how many parents participated in the CATCH/Family Fun		

Spring 2017 Coordinated School Health Program Report

Figure 4
The majority of students across AISD elementary **schoo**p leted at least one marathon, and 19% of elementary schools reported that 6-100% of their students mpleted the equivalent of 4 marathons.



Source. 2016-2017 Elementary Coordinated School Health diates.cAllepsercentages are rounded to the nearest whole number

CHANGE INTEALTH TITNES ZONE (HFZ) FROM PRIOR TOURREN YEAR PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGOR

Fitness Area Tested	Govalle 2016 Final	Govalle 2017 Final	Govalle 2016 to 2017 Change*	Hementary	Comparison of Govalle 2017 Final to All Elementary Final
BMI	59%	52%	Decreased	57%	Less than
Aerobic Capacity	84%	81%	Decreased	71%	Greater than
Curl-Ups	72%	69%	Decreased	75%	Less than
Push-Ups	77%	79%	Increased	67%	Greater than
Sit and Reach	75%	72%	Decreased	69%	Greater than
Trunk Lift	86%	81%	Decreased	78%	Greater than

Source. 2016-2017 Elementary Coordinated School Health data collection.

AUSTININDEPENDE80HOODISTRICT

Author

Cinda Christian, Ph.D.

Department of Research and Evaluation

1111 West 6th Street, Suite D-350 | Austin, TX 78703-5338 512.414.1724 | fax: 512.414.1707

الل 2017

^{*} Campuses provided change informationwas not calculated from the scores.