

Principal: Beth Newton

Physical education teacher: Jason Schafer

CSH team member: Ronda Jones



Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The results indicated that Hill Elementary School received a rating of Unacceptable for the CSH Program implementation in 2016–2017. Campus results will be reflected in the District’s strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH Implementation Summary	Score/Rating
Total achieved (of 19) required	16
Total achieved (of 80) supplemental	38
Total (of 6) Healthy Fitness Zones areas with “increased” status since the prior school year	2
2016-2017 CSH Rating	Unacceptable

Source. 2015 AISD CSH Program Report

The rating scale<sup>34</sup> was based on identified activities that support coordinated school health efforts. There were 19 required and 80 supplemental opportunities for campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Hill Elementary School achieved 16 required and 38 supplemental items during the 2016–2017 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students’ overall physical fitness.

AISD campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

<sup>34</sup> Rating scale: unacceptable – achieved less than the 19 required items; acceptable – achieved all 19 required and 25 or fewer supplemental items; recognized – achieved all 19 required and 26-48 supplemental items; exemplary – achieved all 19 required and 49 or more supplemental items.





	Hill Response	% Yes at All Elementary Schools
<b>Implementation of PE</b>		
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PE lessons were based on district PE curriculum and assessments.	Yes	100%
The PE teacher(s) followed the National PE Appropriate Practices.	Yes	99%
The PE teacher(s) maintained the required PE inventory and materials.	Yes	100%
The PE teacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	93%
Each grading period PE teacher(s) informed parents what units were taught and assessed, including FitnessGram information.	Yes	81%
Other (please specify):	No	54%
<b>CSH Planning</b>		
*The principal established a CSH team.	Yes	100%
The principal identified a CSH chair.	Yes	100%
The CSH team included one teacher representative from each grade level.	No	79%
The CSH team included at least one administrator.	Yes	95%
The CSH team included at least two students.	No	64%
The CSH team included the cafeteria manager.	No	78%
Campus leadership identified funds to purchase and maintain CSH equipment for the classroom teacher to use during WOW time.	No	95%

CSH Implementation	Hill Response	% Yes at All Elementary Schools
* Campus students and staff participated in the Health and PE Department's district-wide activity for CSH Kick-Off Week in September.	No	98%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information each 9-weeks.	Yes	94%
* Campus staff implemented the CATCH Coordination Kit themes each 9-weeks.	Yes	93%
Campus students and staff participated in Tobacco Awareness Week in the month of November.	No	96%
Campus students and staff participated in Healthy Heart Week in the month of February.	Yes	99%
Campus students and staff participated in School Breakfast Week in the month of March.	Yes	86%
Campus staff hosted at least one CATCH/Family Fun Fitness Night.	No	99%
The CSH Chair provided training for all classroom teachers regarding of this ye		

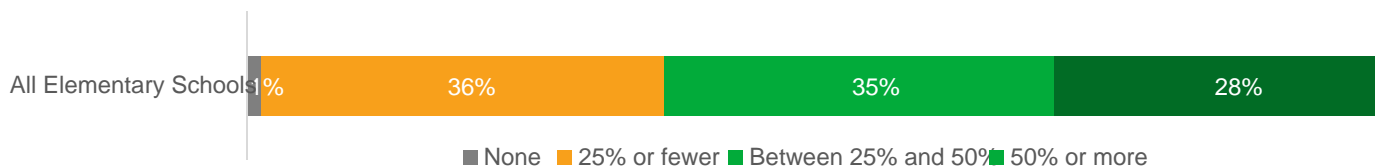
Nutrition	Hill Response	% Yes at All Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	No	98%
* The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff did not provide students access to Foods of Minimal Nutritional Value (FMNV) (including		

	Hill Response	% Yes at All Elementary Schools
<b>Other Physical Activity Opportunities</b>		
The campus provided before-school physical activity opportunities (i.e. running club, open gym, or Go Noodle).	No	59%
The campus provided after-school physical activity opportunities (i.e. running club or open gym).	Yes	91%
The campus participated in the AISD 5th Grade Volleyball Playday.	No	52%
The campus participated in the AAPER Cross Country Run.	No	32%
Other (please specify):	No	62%
<b>School Health Environment</b>		
Campus staff posted nutrition information in the school hallways, cafeteria, and classrooms throughout the school year.	Yes	99%
Campus staff posted physical activity information in the school hallways and classrooms throughout the school year.	Yes	96%
Campus staff sent nutrition and physical activity information to parents.	No	89%
Staff posted nutrition and physical activity information on the campus website.	No	63%
Other (please specify):	No	52%
<b>Parent and Community Participation</b>		
* Parents were notified that they could request their child's Fitnessgram results.	No	98%
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA.	No	64%
There was at least one parent on the CSH team.	No	74%
Other (please specify):	No	46%
Approximately how many parents participated in the CATCH/Family Fun Night at your campus?	10%	(See Figure 3)
What percentage of K-5 students completed the equivalent of one marathon?	76-100%	(See Figure 4)
What percentage of K-5 students completed the equivalent of two marathons?	51-75%	(See Figure 4)
What percentage of K-5 students completed the equivalent of three marathons?	26-50%	(See Figure 4)
What percentage of K-5 students completed the equivalent of four marathons?	26-50%	(See Figure 4)

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 3

At the majority of campuses, at least 25%-50% of parents participated in the CATCH/Family Fun Night at their campus.



Source. 2016-2017 Elementary Coordinated School Health data. All percentages are rounded to the nearest whole number.

