

INTERNATIONAL HIGH SCHOOL

2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Leticia Vega

Physical education teacher: Brian Johnson

CSH team member: Denise Norris

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The

Coordinated School Health Item Implementation Inventory

Implementation of PE	International Response	% Yes at All High Schools
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram who were enrolled in a PE course or PE substitution.	Yes	93%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* All PE teachers followed the district PE curriculum and assessments.	Yes	100%
PE teacher(s) followed the National PE Appropriate Practices.	Yes	100%
The PE teacher(s) maintained the required PE inventory and materials.	Yes	100%
The PE teacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	100%
At the beginning of each PE course, parents were informed of units to be taught and assessed, FitnessGram information, and requirements for dressing out for class.	Yes	100%
Other (please specify):	No	43%
CSH Planning		
The principal established a CSH team.	Yes	93%
The principal identified a CSH champion.	Yes	93%

CSH Implementation	International Response	% Yes at All High Schools
* Campus students and staff participated in the Health and PE Department's district-wide activity for CSH Kick-Off Week in September.	Yes	100%
Campus students and staff participated in Red Ribbon Week in November.	Yes	86%
Campus students and staff participated in Healthy Heart Week in February.	Yes	86%
Campus students and staff participated in School Breakfast Week in March.	Yes	100%
The PE Department Chair or the CSH team provided information or training for all classroom teachers/staff regarding this year's CSH initiatives for their campus.	Yes	93%
Students were informed of health and wellness services on their campus and in their community.	Yes	100%
The Student Wellness Team was given opportunities to advocate for nutrition and physical activity to their peers.	Yes	100%
Other (please specify):	No	50%

Nutrition

* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
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International
Response % Yes at All
High Schools

Brain Breaks

The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and

