Coordinated School Health Item Implementation Inventory

Implementation of PE	Cak Springs Response	%Yesat All Elementary Schools
* PEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PEteacher(s) are certified in CPR(First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	

CSH Implementation	Cak Springs Response	%Yesat All Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKick-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATCH/ Family Fun Fitness Night.	Yes	100%
The PEDepartment Chair or the C3-Hteamprovided information or training for all descroom teachers/staff regarding this year's C3-Hinitiatives for their campus.	Nb	90%
The Student Wellness Teamwas given opportunities to advocate for nutrition and physical activity to their peers.	Nb	88%
Other (please specify):	No	42%
Health Lessons		
* Students were taught the Human Sexuality and Responsibility lessons during science dass in the month of May (unless the parents signed an opt-out form).	Yes	98%
* All dassroom teachers followed the district's Health curriculum.	Yes	96%
Other (please specify):	No	27%
Working Out for Wellness (WOW)		
* All dæsroomteæhersfollowed the campus WOWschedule (20 minutes) to meet the 135 minutes of structured physical activity per week.	Yes	100%
* All dassroom teachers provided 30 minutes of recess daily.	Yes	

Nutrition	Oak Springs Response	%Yesat All Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%

^{*} The campus staff refrained from providing students access to Foods of M4

Spring 2018 Coordinated School Health Program Report

FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

-	Oak Springs Elementary				Average	
Fitness Area Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final	
BMI	42%	33%	56%	Increased	57%	
Aerobic Capacity	83%	70%	70%	Decreased	71%	
Curl-Ups	97%	88%	93%	Decreased	75 %	
Push-Ups	90%	81%	82%	Decreased	66%	
St and Reach	63%	67%	69%	Increased	69%	
Trunk Lift	99%	67%	75%	Decreased	78%	