

Principal: Rhoda Coleman

Physical education teacher: Emmanuel Gonzalez

CSH team member: Michael Benavides-Griffin



Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The results indicated that Palm Elementary School received a rating of Unacceptable for the CSH Program implementation (TEC §461.0390545) physical educ

CSH Implementation Summary	Score/Rating
Total achieved (of 19) required	18
Total achieved (of 80) supplemental	



	Palm Response	% Yes at All Elementary Schools
Implementation of PE		
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PE lessons were based on district PE curriculum and assessments.	Yes	100%
The PE teacher(s) followed the National PE Appropriate Practices.	Yes	99%
The PE teacher(s) maintained the required PE inventory and materials.	Yes	100%
The PE teacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	93%
Each grading period PE teacher(s) informed parents what units were taught and assessed, including FitnessGram information.	Yes	81%
Other (please specify):	Yes	54%
CSH Planning		
*The principal established a CSH team.	Yes	100%
The principal identified a CSH chair.	Yes	100%
The CSH team included one teacher representative from each grade level.	Yes	79%
The CSH team included at least one administrator.	Yes	95%
The CSH team included at least two students.	Yes	64%
The CSH team included the cafeteria manager.	Yes	78%
Campus leadership identified funds to purchase and maintain CSH equipment for the classroom teacher to use during WOW time.	Yes	95%
The campus leadership established a Student Wellness Team (SWT).	Yes	88%
Other (please specify):	Yes	53%
How many times did the CSH team meet this year?	4 or more	(See Figure 1)

CSH Implementation	Palm Response	% Yes at All Elementary Schools
* Campus students and staff participated in the Health and PE Department's district-wide activity for CSH Kick-Off Week in September.	Yes	98%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information each 9-weeks.	Yes	94%
* Campus staff implemented the CATCH Coordination Kit themes each 9-weeks.	Yes	93%
Campus students and staff participated in Tobacco Awareness Week in the month of November.	Yes	96%
Campus students and staff participated in Healthy Heart Week in the month of February.	Yes	99%
Campus students and staff participated in School Breakfast Week in the month of March.	Yes	86%
Campus staff hosted at least one CATCH/Family Fun Fitness Night.	Yes	99%
The CSH Chair provided training for all classroom teachers regarding of this year's CSH initiatives for the campus.	Yes	86%
Other (Please Specify): 482.52 465.96 Tm-.0001 Tc0 Tw(Yes)Tj50552.12 i 493.98 539.16 6.06 14.94 reW nBT10.98 0 0 1j50552.12 i 493.98 539.16	Yes	53%

Health Lessons	Palm Response	% Yes at All Elementary Schools
* All of the specified Sexuality and Responsibility lessons were taught during science class by classroom teachers, unless parents signed an opt-out form.	No	95%
* All classroom teachers followed the district's Health curriculum.	Yes	

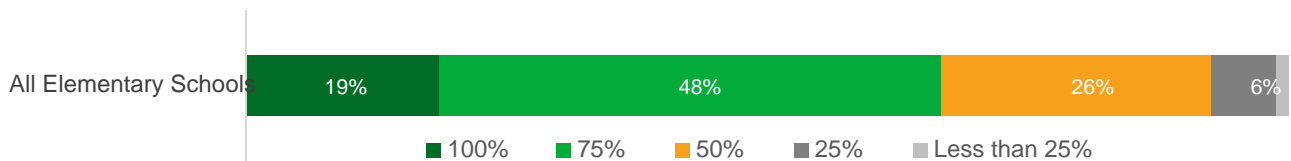
Nutrition	Palm Response	% Yes at All Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	98%
* The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff did not provide students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	98%
* The campus did not sell food or beverages for any fund-raising activity during the school day.	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	100%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	95%
The campus students and staff had no more than one food-related fundraiser.	No	81%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farm stand, farm to work, cooking classes, etc.)	Yes	95%
Other (please specify):	Yes	58%

Brain Breaks	Palm Response	% Yes at All Elementary Schools
The CSH chair provided staff training on how to implement Brain Breaks and locate Brain Break and GoNoodle resources.	Yes	94%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%
Brain breaks were provided at faculty meetings throughout the school year.	Yes	80%
Other (please specify):	Yes	48%
Approximately what percentage of classroom teachers are registered and using Go Noodle activities at least one time every day?	100%	(See Figure 2)

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 2

At 93% of elementary campuses 58% or more of the classroom teachers are registered and using Go Noodle activities at least one time every day. At 19% of campuses 100% of teachers were using Go Noodle at least one time every day.



Source. 2016-2017 Elementary Coordinated School Health data. All percentages are rounded to the nearest whole number.

Figure 4

The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.

Source. 2016-2017 Elementary Coordinated School Health Data. All percentages are rounded to the nearest whole number



CHANGE IN HEALTH FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Fitness Area Tested	Palm 2016 Final	Palm 2017 Final	Palm 2016 to 2017 Change*	2017 All Elementary Final Average	Comparison of
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