

REAGAN HIGH SCHOOL

2016-2017 COORDINATED SCHOOL HEALTH REPORT

Principal: Anabel Garza

Physical education teacher: Jerry de la Huerta

CSH team member: Erica Routt

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The results indicated that Reagan High School received a rating of **Exemplary** for the



CSH Implementation	Reagan Response	% Yes All High Schools
* Campus students and staff participated in the Health and PE Department's district-wide activity for CSH Kick-Off Week in September.	Yes	93%
Campus students and staff participated in Tobacco Awareness Week in the month of November.	Yes	100%
Campus students and staff participated in Healthy Heart Week in the month of February.	Yes	100%
Campus students and staff participated in School Breakfast Week in the month of March.	Yes	93%
The PE Department head or the CSH team provided information or training for all classroom teachers/staff regarding this year's CSH initiatives for the campus.	Yes	93%
Students were informed of health and wellness services on their campus and in their community.	Yes	100%
The Student Wellness Team was given opportunities to advocate for nutrition and physical activity to their peers.	Yes	93%
Other (please specify):	No	36%
Nutrition		
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff did not provide students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	93%
* The campus did not sell food or beverages for any fund-raising activity during 98 552.119f6 Tc-.0028 Tw(duringc0 Tw()TjETBJ10.905.3 Tw7.840.98 0 0 10.98		

Brain Breaks	Reagan Response	% Yes All High Schools
The CSH chair provided staff training on how to implement Brain Breaks and locate Brain Break resources.	Yes	93%
At least one Campus Improvement Plan goal this year was related to student brain breaks.	Yes	100%
Other (please specify):	No	29%
Approximately how many classroom teachers used some type of brain breaks at least once each day?	50% or more	(See Figure 3)

*All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 3

At the majority of high schools, **50% or more** of the classroom teachers are using brain breaks at least once each day? No high school campuses reported that fewer than 30% of their teachers were using brain breaks daily.

