

# ANN RICHARDS SCHOOL FOR YOUNG WOMEN LEADERS

## 2016-2017 COORDINATED SCHOOL HEALTH REPORT

Principal: Jeanne Goka-Dubose

Physical education teacher: Meg Brown

CSH team member: Lora Tilson

### Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The results indicated that Ann Richards School for Young Women Leaders received a rating of Unacceptable for the CSH Program implementation in 2016–2017.

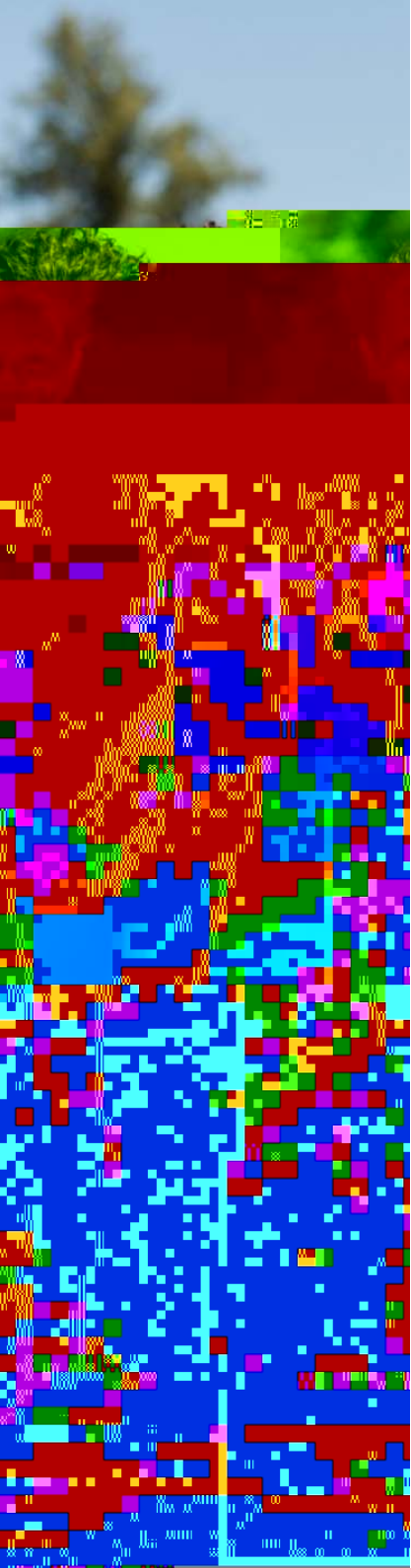
Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

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CSH Implementation Summary

Score/Rating

Total achieved (of 18) required



## Coordinated School Health Implementation Inventory

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Ann Richards  
Response

% Yes  
All Middle  
Schools

### Implementation of PE

\* PE teacher(s) planned and implemented physical education weekly for all students included 50% (or

CSH Implementation	Ann Richards Response	% Yes All Middle Schools
* Campus students and staff participated in the Department's district-wide activity for CSH Kick-Off Week in September.	No	89%
* Campus staff implemented Board-adopted CSH CATCH,	Yes	100%
* Campus staff used the CATCH Code of Conduct (throughout the school year.	No	95%
* Students were taught the Sexuality and Responsibility during science class (unless the parents		

	Ann Richards Response	% Yes All Middle Schools
<b>Brain Breaks</b>		
The CSH chair provided staff training on how Brain Breaks and locate Brain Break resources.	Yes	89%
The classroom teachers provide opportunities for students to lead brain activities during class time.	Yes	89%
At least one Campus Improvement Plan goal this year was related to student brain breaks.	Yes	74%
Other (please specify):	No	53%
Approximately what percentage of classroom teachers use brain breaks at least once each day?	50% or more	(See Figure 3)

Source. 2016-2017 Coordinated School Health data collection.

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at campus

Figure 3

At the majority of middle schools, 50% or more of the classroom teachers are using brain breaks at least once each day?

	Ann Richards Response	% Yes All Middle Schools
<b>Parent and Community Participation</b>		
* Parents were notified that they received their child's Fitnessgram results.	Yes	100%
Campus has a Healthy Lifestyle champion identified position on their PTA.	No	47%
There was at least one parent on the CSH team.		63%
Other (please specify): <u>curricular athletic events, including campus based Color Run 5K</u>	Yes	63%

Source. 2016-2017 Coordinated School Health data collection.

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

### Fitnessgram Results

CHANGE IN HEALTH FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Fitness Area Tested	Ann Richards 2016 Final	Ann Richards 2017 Final	Ann Richards 2016 to 2017 Change*	2017 All AISD Middle Final Average	Comparison o
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