## ANN RICHARDS SCHOOL FOR YOUNG WOMEN LEADERS

## 2016-2017 COORDINATED SCHOOL HEALTH REPORT

Principal: Jeanne Goka-Dubose

Physical education teacher: Meg Brown

CSH team member: Lora Tilson



Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School Dist rict (AISD) campus in Spring 2017. The results indicated that Ann Richards School for Young Women Leaders received a rating of Unacceptable for the CSH Program implementation in 2016–2017. Campus results will be reflected in the Di strict's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

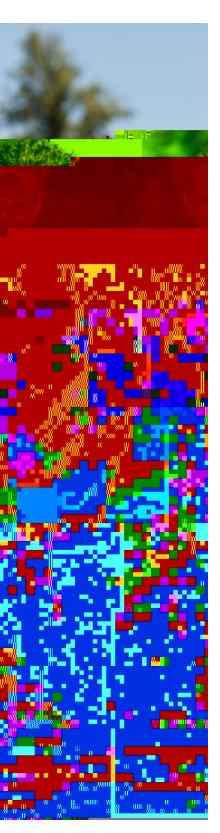
**CSH**mplementation Summary

Score/Rating

Total achieved (of 18) requiredSource. 2015 AISD CSH Program Report

The rating scale<sup>1</sup> was based on identified activities that support coordinated school health efforts. There were 18 required and 60 supplemental opportunities for campuses to meet or exæed the AISD CSH Programstandards. All campuses submitted enough data to be rated. Ann Richards School for Young Women Leaders achieved 16 required and 46 supplementalitems during the 2016–2017 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body compositio



## Coordinated School Health It em Implementation Inventory

Ann Richards All Middle
Response Schools

Implementation of PE

<sup>\*</sup> PE teacher(s) planned and implemented phylsisables locati wesik lithlata included 50% (or

CSH Implementation	Ann Richard Response	% Yes ls All Middle Schools
* Campus students and staff participated in Place Department's district widy for CSH King Week in September.	ck-Off No	89%
* Campus staff implenhenBeodatd-adopted CSH pDAJTahh,	Yes	100%
*Campus staff used the CATCH Codresinxathemnless)(throughout the school year.  * Students were taught the Sexuality and Rattplæssibilisydldeing science class (unless	No the parents	95%

Brain Breaks	Ann Richard Response	% Yes All Middle Schools
The CSH chair provided staff training centeroutvBcaiim Edreaks and locate Brain Break re	esou <b>noes</b> .	89%
The classroom teachers provioleideexpfoortstudents to leadelakairctivities during class tir	ne. Yes	89%
At least one Campus Improvement Plan goal this year what aire lateral kears student	Yes	74%
Other (please specify):	N	lo 53
Approximately what percentage of classroomschemechyens on services on services at least once	<b>5-98% day</b> ∩or	e(See Figure 3

Source. 2016-2017 Coordinated School Health data collection.

Figure 3

At the majority of middle schoofs0% or moref the classroom teachers are using brain breaks at least once each day?

<sup>\*</sup> All items with an asterisk were required by the AISD Departine hysical Education and Health to be implemented at eapthsca

Parent and Community Participation	Ann Richard Response	% Yes Is All Middle Schools
* Parents were notified that the yue stilt beir child's Fitness gram results.	Yes	100%
Campus has a Healthy Lifestyle ash aimpides tiffied position on their PTA.	No	47%
There was at least one parent on the CSH team.		63%lo
Other (please specify) irricular athletic events, including campus based Color Run 5K	Yes	63%

Source. 2016-2017 Coordinated School Health data collection.

## Fitnessgram Results

CHANGE INEALTH TITNES ZONE (HFZ) FROM PRIOR TOURRENTEAR PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORICAL CATEGORICA CATEGORICA CATEGORICA CATEGORICA CATEGORICA CATEGORICA CATEGORICA CATEGORICA CATEGORICA CA

Ann Richards Ann Richards 2017 All AISD Comparison o 2016 Final 2017 Final Ann Richards 2017 Middle Final Change\* Average

<sup>\*</sup> All items with an asterisk were required by the AISD Departifientysical Education and Health to be implemented at eapthsca