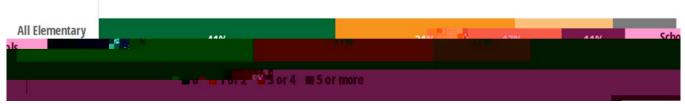
Spring 2018 Coordinated School Health Program Report

CSH Implementation

Nutrition	Ridgetop Response	%Yesat All Elementary Schools
* Healthy options were available when food/ beverages were provided to teachers/ staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based apportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify):	Nb	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	5 or more	(See Figure 2)

^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

 $\label{eq:figure 2} \mbox{Only 41\% of the elementary schools refrained from sponsoring food-related fundraisers at their school this year.}$



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Ridgetop Response %Yes at All Prain Breaks

	Ridgetop	%YesatAll
Parent and Community Participation	Response	Elementary Schools
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%
There was at least one parent on the CSH team.	Yes	77%
Other (please specify):	No	35%
Approximately how many parents participated in the CATCH Family Fun Night at your campus?		

FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

<u> </u>	Ridgetop Bementary				Average
Fitness Area — Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	74%	65%	71%	Decreased	57%
Aerobic Capacity	96%	95%	92%	Decreased	71%
Curl-Ups	61%	50%	68%	Increased	7 5%
Push-Ups	69%	73%	69%	Stayed the same	66%
St and Reach	43%	50%	40%	Decreased	69%