

Principal: Monica Mills

Physical education teacher: Tim Lewis CSH team member: Norma Maldonaldo

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Rodriguez Elementary School received a rating of **Recognized** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

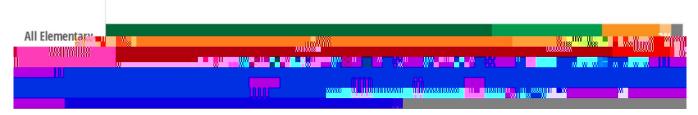
CSH I MPLEMENTATION SUMMARY	2016-2017	2017-2018
	SCORE/ RATING	SCORE/ RATING

Coordinated School Health Item Implementation Inventory

Implementation of PE	Rodriguez Response	%Yesat All Elementary Schools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MNPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PEteacher(s) are certified in CPR/ First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PEteachers followed the district PEcurriculum and assessments.	Yes	100%
PEteacher(s) followed the National PEAppropriate Practices.	Yes	100%
The PEteacher(s) maintained the required PEinventory and materials.	Yes	100%
The PEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Graminformation.	Nb	83%
Other (please specify): Parents were involved in PE Playdays, Family Fitness Night, and Track and Field	Yes	47%
C3H Planning		
*The principal established a CS-Hteam.	Yes	99%
The principal identified a CSH dhair.	Yes	99%
The CSH team induded teacher representatives from each grade level.	No	73%
The CSH team included at least one administrator.	Yes	93%
The CSH team included at least two students.	No	67%
The CSH team included the cafeteria manager.	Yes	75%
Campus leadership identified funds to purchase and maintain CSH equipment for the dasaroom teachers to use during WOW time.	Nb	93%
The campus leadership established a Student Wellness Team (SWT).	Nb	90%
Other (please specify):	No	38%
Howmany times did the C3-I team meet this year?	0times	(See Figure

All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 1
The majority of Elementary Coordinated School Health teams met 4 or more times this year.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Rodriguez Response %Yesat All Elementary Schools

CSHImplementation

^{*} Campus students and staff participated in the Health and PEDepartment's district-wide activity for CSHKidx-Off

Nutrition	Rodriguez Response	%Yesat All Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify): Healthy Kitchens Cooking Classes	Yes	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	0	(See Figure 2)
* All items with an asterisk were requics .5b4d-iicsq b.3(o)5. theAlSD Departmen		(2001.1901

Brain Breaks	Radriguez Response	%Yesat All Elementary Schools
The CSH dhair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
Other (please specify): Mindfulness Training	Yes	38%
Approximately what percentage of dasaroom teachers are registered and using Go Nocolle activities at least one time every day?	75%	(See Figure 3)

 $\label{eq:figure 3} \mbox{At 21\% of campuses, 100\% of teachers were registered and using Go Noodle activities at least one time every day.}$



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Other Physical Activity Opportunities	Rodriguez Response	%Yesat All Elementary Schools
The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or Go Noodle).	Nb	60%
The campus provided after-school physical activity opportunities (i.e. running dub or open gym).	Yes	95%
The campus participated in the ASD5th Grade Volleyball Playday.	Nb	53%
The campus participated in the APPERCross Country Run.	Nb	31%
Other (please specify): Parent Play Day, Bone Shakers	Yes	59%
School Health Environment		
Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year.	Yes	99%
Campus staff posted physical activity information in the school hallways throughout the school year.	Yes	95%
Campus staff sent nutrition and physical activity information to parents	Yes	93%
Campus staff posted nutrition and physical activity information on the campus website.	Nb	73%
Other (please specify): Announcements by students weekly	Yes	48%

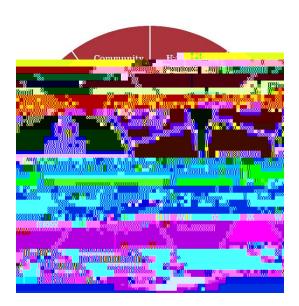
FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Rodriguez Bementary				Average	
Fitness Area Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	50%	50%	49%	Decreased	57%
Aerobic Capacity	81%	71%	77%	Decreased	71%
Curl-Ups	78%	46%	46%	Decreased	75%
Push-Ups	38%	36%	46%	Increased	66%
St and Reach	40%	62%	61%	Increesed	69%
Trunk Lift	53%	59%	47%	Decreased	78%

Source. 2017-2018 Coordinated School Health data collection.

^{*} Campuses provided change information – it was not calculated from the scores.



PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

St. David's teeth cleaning Basketball Club Parent Play Day SEL lessons integrated throughout Specials Areas Trauma PD Multiple Garden/Clean Up Days with Families Apart of GAVA ACE Year long running club, Bone Shakers

