ROSEDALE 2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Elizabeth Dickey Physical education teacher: Brenda Flores CSH team member: Nancy Gorton

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Rosedale School received a rating of Exemplary for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH Impermentation Summary	2016-2017	2017-2018	
	Score/Rating	SCORE/RATING	
Total achieved (of 15) required	11	15	
Total achieved (of 43) supplemental	39	40	
Coordinated School Health Rating	Exemplary*	Exemplary	

Source. 2018 AISD CSH Program Report

* During the 2016-2017 school year, there were 11 required and 48 supplemental components.

The rating scale² was based on identified activities that support coordinated school health efforts. There were 15 required and 43 supplemental opportunities for alternative campuses (ALC and Rosedale) to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Rosedale achieved 15 required and 40 supplemental items during the 2017–2018 school year.

AISD campuses are encouraged to use their results to set goals for their Campus

Coordinated School Health Item Implementation Inventory

Implementation of PE	Rosedale Response	%YesatAll Sthoods
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that induded 50% (or	Тарив	
more) Moderate to Vigorous Physical Activity (MNPA).	Yes	100%
* PEteacher(s) are certified in OPR/First Aid and AED.	Yes	99%
* All PEteachers followed the district PEcurriculum and assessments.	Yes	100%
* All 8th graders have completed 4 semesters of FEor FEsubstitution	Yes	100%
FEteacher(s) followed the National FEAppropriate Practices	Yes	99%
The FEtexcher(s) maintained the required FEinventory and materials.	Yes	99%
The FEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	97%
At the beginning of each FE course, parents were informed of units to be taught and assessed, FitnessGram information, and requirements for dressing out for dass.	Yes	97%
Other (please specify): Posters reflecting weekly curriculum are posted in halls and the gym.	Yes	48%

CSH Planning

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*The principal established a CS-I team	Yes	98%
The principal identified a CSH dhair.	Yes	97%
The CSH teaminduded teacher representatives from each grade level.	Yes	75%
The CSH teaminduded at least one administrator.	Yes	93%
The CSH teaminduded at least two students	Yes	70%
The CSH teaminduded the cafeteria manager.	No	76%
Campus leadership purchased CSH equipment for before- and after-school physical activity	Yes	90%
programs or opportunities (i.e. advisory, intramurals, and/or lunch, excluding athletics).		
Other (please specify): Students are surveyed on an ongoing basis for input into PE practices.	Yes	43%
How many times did the CSH team meet this year?	3 times	(SæFigure 1)

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus. *Note.* Only items relevant to ALC and Rosedale are presented.

	Rosedale	%Yesat/
CSH Implementation	Response	Stroots
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKidk-Off Week in September.	Yes	98%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	98%
* Campus staff implemented the CATCH Coordination Kit themes each grading period.	Yes	97%
Campus students and staff participated in Red Ribbon Week in November.	Yes	92%
Campus students and staff participated in Healthy Heart Week in February.	Yes	95%
Campus students and staff participated in School Breakfast Week in March.	Yes	91%
The FEDepartment Chair or the CSH teamprovided information or training for all dassroom teachers' staff regarding this year's CSH initiatives for their campus.	Yes	91%
Sudents were informed of health and wellness services on their campus and in their community.	Yes	97%
The Student Wellness Teamwas given opportunities to advocate for nutrition and physical adivity to their peers.	Yes	87%
* Sudents were taught the Human Sexuality and Responsibility lessons during science dass in the month of May (unless the parents signed an opt-out form).	Yes	95%
Oher (please specify): Safety practices and healthy relationships are a part of our transition discussions.	Yes	45%
Brain Breaks		
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNocolle resources.	Yes	92%
At least 1 brain break goal wasidentified in the Campus Improvement Ran.	Yes	79%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	87%
The dassroom teachers provided opportunities for students to lead brain break activities during dass time.	Yes	94%
Other (please specify): We have mindful Mondays every week	Yes	41%
Other Physical Activity Opportunities		
The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or open weight room).	Yes	91%

Nutrition	Rosectale Response	%YesatAll Sthools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campusevents during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	93%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	97%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities	Yes	99%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	96%
* Vending mechines located in food service areas were turned off during meal times.	Yes	100%
Other (please specify): We are a trauma informed care campus and practice having nutrition and hydration available every 2 hours or as needed.	Yes	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	1 or 2	(SæFigure2)

* All items with an asterisk were required by the AISD Department

	Rosedale	% Yes at A
School Health Environment	Response	Schools
Campus staff posted nutrition information hall they school cafeteria throughout the school	year.	99%es
Campus staff posted physical activity infestolationhiallways throughout the school year.	Yes	93%
Campus staff sent nutrition and activits information to parents.	Yes	90%
Campus staff posted nutrition and in the campus website.	Yes	71%
Campus staff posted health and rwieler in the campus website.	Yes	77%
Other (please specific bols are present in the hallways for students with limited communication to express their eds regarding nutrition choices.	Yes	50%
Parent and Community Participation		
Campus has a Healthy Lifestyle ashain pides utified position on their PTA.	Yes	61%
There was at least one parent on the CSH team.		76%es
Other (please spectry) is purchasing a massage chair for a serenity room for staff.	Yes	34%
* All items with an asterisk were required by the AISD Department of the second Health to be imple	mented at ear	nheca

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PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DI**D SODRUMPOTET** CHILD THAT YOU WOULD LIKE TO TELL US ABOUT

We are a trauma informed campus. We provide ongoing training for staff to reset their approach to students living or reliving trauma. We have hydration stations available throughout the campus that students assist in refreshing daily. We have an SEL committee that implements strategies for calming. We use the Zones of Regulation for both staff and students to express their feelings and ask or offer help appropriately. We host Mindful Mondays for staff weekly. We grow various gardens which the students harvest and then make community dishes to share with the campus.

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