Spring 2018 Coordinated School Health Program Report

Coordinated School Health Item Implementation Inventory

| CSH Implementation | Sadler Means Response | % Yes at All Middle Schools |
|---|-----------------------------|--------------------------------|
| | | |
| * CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff. | Yes | 100% |
| * Campus staff implemented the CATCH Coordination Kit themes each grading period. | Yes | 95% |
| Campus students and staff participated in Red Ribbon Week in November. | Yes | 95% |
| Campus students and staff participated | | |

| Nutrition | Sadler Means Response | % Yes at All Middle Schools |
|---|-----------------------------|--------------------------------|
| * Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days). | Yes | 100% |
| * The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day. | Yes | 100% |
| * The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP. | No | 84% |
| * The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell). | No | 95% |
| * Students and parents had access to healthy foods when food and beverages were served at after-school events/activities. | Yes | 100% |
| The campus provided integrated nutrition education-based opportunities (i.e. school garden, farm stand, farm to work, cooking classes, etc.) | Yes | 100% |
| * Vending machines located in food service areas were turned off during meal times. | Yes | 100% |
| Other (please specify): Farm to school, Infused Water, Veggie and Fruit Sampling, Garden to Table, All Natural Smoothies (recipes and tasting) No chips, candies, cookies, fast food, sugary drinks policy in place, Gallery on Nutrition Physical Fitness and MVPA. | Yes | 47% |
| How many food-related fundraisers did your campus staff sponsor outside the school day this year? | 0 | (See Figure 2) |

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 2

Only 22% of the middle schools refrained from sponsoring food-related fundraisers at their school this year.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

| Other Physical Activity Opportunities | Sadler Means Response | % Yes at All Middle Schools |
|---|--------------------------|--------------------------------|
| The campus provided before-school physical activity opportunities (i.e. running club, open gym, or open weight room). | No | 89% |
| The campus provided after-school physical activity opportunities (i.e. running club, open gym, or open weight room). | Yes | 95% |
| The campus provides lunch time physical activity opportunities (i.e. open weight gym, open weight room). | Yes | 84% |
| The campus provides Advisory time physical activity opportunities (i.e. open weight gym, open weight room). | Yes | 79% |
| Other (please specify): Bike Club, Run Club, Rollerblading | Yes | 63% |

| School Health Environment | Sadler Means Response | % Yes at All Middle Schools |
|--|--------------------------|-----------------------------------|
| Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year. | Yes | 100% |
| Campus staff posted physical activity information in the school hallways throughout the school year. | Yes | 84% |
| Campus staff sent nutrition and physic | | |

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