

# WILLIAMS ELEMENTARY SCHOOL

## 2016-2017 COORDINATED SCHOOL HEALTH REPORT

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### Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The results indicated that Williams Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2016-2017. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

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CSH Implementation Summary

Score/Rating





Nutrition	Yes	No
We follow the health related mandates for the district.	X	X
We follow the health related mandates for the district.	X	X
We follow the health related mandates for the district.	X	X
We follow the health related mandates for the district.	X	X
We follow the health related mandates for the district.	X	X
We follow the health related mandates for the district.	X	X
We follow the health related mandates for the district.	X	X
We follow the health related mandates for the district.	X	X

Brain Breaks	Yes	No
We use Go Noodle regularly and value Brain Breaks.	X	X
We use Go Noodle regularly and value Brain Breaks.	X	X
We use Go Noodle regularly and value Brain Breaks.	X	X

### Other Physical Activity Opportunities

100  
%

100  
%

100  
%

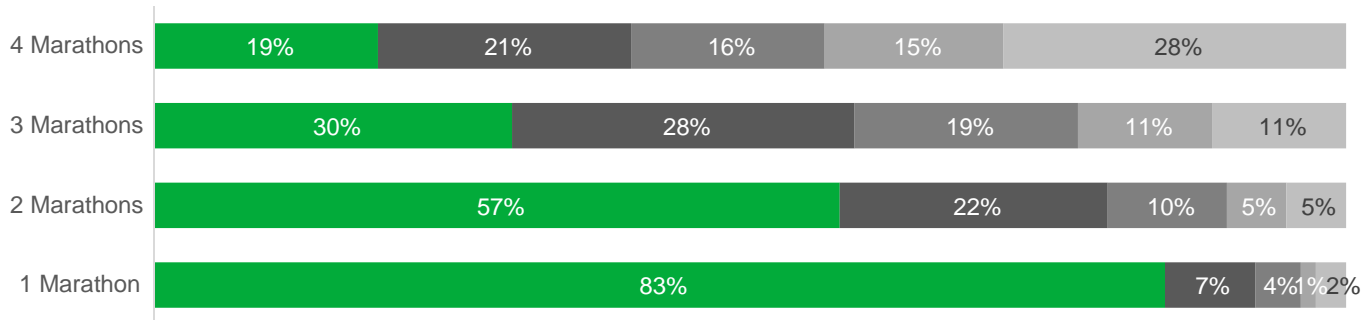
100  
%

100  
%

100  
%

Figure 4

The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.



Source. 2016-2017 Elementary Coordinated School Health data collection. Percentages are rounded to the nearest whole number.

### Fitnessgram Results

CHANGE IN HEALTH FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Fitness Area Tested	Williams 2016 Final	Williams 2017 Final	Williams 2016 to 2017 Change*	2017 All Elementary Final Average	Comparison of Williams 2017 Final to All Elementary Final
BMI	8	8	0	8	0
Aerobic Capacity	9	9	0	9	0
Curl-Ups	9	9	0	9	0
Push-Ups	8	8	0	8	0
Sit and Reach	8	9	1	8	1
Trunk Lift	9	9	0	9	0

Source. 2016-2017 Elementary Coordinated School Health data collection.

\* Campuses provided change information was not calculated from the scores.